

PECK AND STRONG ALLERGENS GUIDE

We handle tree nuts, gluten, milk, soy, eggs and sulphites in our bakery. Source ingredient manufacturers may handle peanuts and sesame. We have steps in place to minimise cross-contamination, please ask if you would like details. Fish, crustaceans, molluscs, celery, mustard and lupin are NOT handled on the premises. Palm oil is not an allergen, but has been added to list for ease. All palm oil is certified sustainable. This information is supplied as a guide only. **Please refer to product packaging to confirm individual allergen data before use.**

Our GTIN Barcode is 5 060418000 *** - the final 3 digits determine the product so please match these to the code given below to ensure you are assessing the correct product. The barcode is found on the product specification and the product label.

PRODUCT	BARCODE	SUITABLE FOR	CEREALS CONTAINING GLUTEN	TREE NUTS *	MILK	SOYA	EGG	SULPHITES >10 PPM	MUSTARD	PEANUTS	LUPIN	CRUSTACEANS	FISH	MOLLUSCS	SESAME	PALM OIL
FLAPJACKS																
CRANBERRY AND PUMPKIN SEED FLAPJACKS	660	VEGAN	OATS BARLEY	MAY CONTAIN TRACES												YES – RSPO CERTIFIED
CLASSIC FLAPJACKS	677	VEGAN	OATS	MAY CONTAIN TRACES												YES – RSPO CERTIFIED
CINNAMON APPLE JACK	462	VEGAN GLUTEN FREE	GLUTEN FREE OATS	MAY CONTAIN TRACES												YES – RSPO CERTIFIED
APRICOT FILLED FLAPJACK	639	VEGAN	OATS	MAY CONTAIN TRACES				YES								YES – RSPO CERTIFIED
APPLE & BLACKCURRANT FILLED FLAPJACK	646	VEGAN	OATS	MAY CONTAIN TRACES												YES – RSPO CERTIFIED
CHOCOLATE & COCONUT FLAPJACK	684	VEGAN	OATS	MAY CONTAIN TRACES	MAY CONTAIN TRACES	YES										YES – RSPO CERTIFIED
RICH CARAMEL FLAPJACK	721		OATS	MAY CONTAIN TRACES	YES											YES – RSPO CERTIFIED
SUMMER FRUITS FILLED FLAPJACK	554	VEGAN GLUTEN FREE	GLUTEN FREE OATS	MAY CONTAIN TRACES												YES – RSPO CERTIFIED
CHOCOLATE ORANGE FLAPJACK	790	VEGAN GLUTEN FREE	GLUTEN FREE OATS	MAY CONTAIN TRACES	MAY CONTAIN TRACES	YES										YES – RSPO CERTIFIED
YOGHURT TOPPED APPLE & BLACKCURRANT FLAPJACK	745		OATS	MAY CONTAIN TRACES	YES	YES										YES – RSPO CERTIFIED

* ALMOND, WALNUT, PISTACHIO, PECAN, HAZELNUT, CASHEW, MACADAMIA

** Recipes including nuts MAY contain traces of other tree nuts

PRODUCT	BARCODE	SUITABLE FOR	CEREALS CONTAINING GLUTEN	TREE NUTS *	MILK	SOYA	EGG	SULPHITES >10 PPM	MUSTARD	PEANUTS	LUPIN	CRUSTACEANS	FISH	MOLLUSCS	SESAME	PALM OIL
TRAYBAKES																
PURE BUTTER SHORTBREAD WITH CHERRIES	615		WHEAT	MAY CONTAIN TRACES	YES											
ALL BUTTER SHORTBREAD WITH CRANBERRIES AND ORANGE	790		WHEAT	MAY CONTAIN TRACES	YES											
APPLE AND DATE SHORTBREAD	707	VEGAN	WHEAT	MAY CONTAIN TRACES												YES – RSPO CERTIFIED
CHOCOLATE CARAMEL SHORTBREAD	653		WHEAT	MAY CONTAIN TRACES	YES	YES										YES – RSPO CERTIFIED
RASPBERRY ALMOND FRANGIPANE	769		WHEAT	ALMONDS **	YES		YES									YES – RSPO CERTIFIED
FRANGIPANE MINCEPIE SLICE	585		WHEAT	ALMONDS **	YES		YES									YES – RSPO CERTIFIED
BROWNIES	714	GLUTEN FREE		MAY CONTAIN TRACES	MAY CONTAIN TRACES	YES	YES									YES – RSPO CERTIFIED
BROWNIES WITH WALNUTS	776	GLUTEN FREE		WALNUTS **	MAY CONTAIN TRACES	YES	YES									YES – RSPO CERTIFIED
DARK CHOCOLATE ROCKY ROAD WITH CHERRIES AND APRICOTS	400	VEGAN	WHEAT	MAY CONTAIN TRACES	MAY CONTAIN TRACES	YES		YES								YES – RSPO CERTIFIED

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CAKES																
CARROT CAKE	448		WHEAT	WALNUTS **	YES		YES									YES – RSPO CERTIFIED
APPLE CAKE	622		WHEAT	MAY CONTAIN TRACES			YES									YES – RSPO CERTIFIED
COFFEE CAKE	431		WHEAT	MAY CONTAIN	YES		YES									YES – RSPO CERTIFIED
CHOCOLATE FUDGE CAKE	619		WHEAT	MAY CONTAIN TRACES	YES	YES	YES									YES – RSPO CERTIFIED
VICTORIA	424		WHEAT	MAY CONTAIN	YES		YES									YES – RSPO CERTIFIED
ORANGE LEMON AND LIME CAKE	455	GLUTEN FREE		ALMONDS **			YES									
LEMON DRIZZLE TRAY CAKE	813		WHEAT	MAY CONTAIN TRACES	YES		YES									
MOCHA TRAY CAKE	844		WHEAT	MAY CONTAIN TRACES	YES	YES	YES									
CHOCOLATE AND PISTACHIO CAKE	868		WHEAT	PISTACHIO **	YES	YES	YES									YES – RSPO CERTIFIED

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LOAF CAKES																
SPICED GINGER LOAF	752		WHEAT	MAY CONTAIN TRACES			YES									YES – RSPO CERTIFIED
GOLDEN SYRUP LOAF	837		WHEAT	MAY CONTAIN TRACES			YES									YES – RSPO CERTIFIED
BANANA AND CHOCOLATE CHIP LOAF	851		WHEAT	MAY CONTAIN TRACES	YES	YES	YES									YES – RSPO CERTIFIED

PRODUCT	BARCODE	SUITABLE FOR	CEREALS CONTAINING GLUTEN	TREE NUTS – ALMOND WALNUT PISTACHIO PECAN HAZLENUT	MILK	SOYA	EGG	SULPHITES >10 PPM	MUSTARD	PEANUTS	LUPIN	CRUSTACEANS	FISH	MOLLUSCS	SESAME	PALM OIL
SAVOURIES																
POTATO AND CHEDDAR PIE WITH HERBS AND TOMATO	004		WHEAT		YES											YES – RSPO CERTIFIED
HOMITY PIE	011		WHEAT		YES											YES – RSPO CERTIFIED
MEDITERRANEAN VEGETABLE FLAN WITH FETA	035		WHEAT		YES		YES									YES – RSPO CERTIFIED
ROAST SWEET POTATO AND GARLIC MUSHROOM PIE	042		WHEAT		YES		YES									YES – RSPO CERTIFIED
MATURE CHEDDAR AND SPRING ONION TART	059		WHEAT		YES		YES									YES – RSPO CERTIFIED
SHROPSHIRE BLUE AND BROCCOLI TART	066		WHEAT		YES		YES									YES – RSPO CERTIFIED

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STILTON AND MUSHROOM PIE	073		WHEAT		YES		YES									YES – RSPO CERTIFIED
SPICED CHICK PEA AND SPINACH PIE	080	VEGAN	WHEAT			YES										YES – RSPO CERTIFIED

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